



The Natural Advantage

3rd Age Senior Multi Tablets

THOMPSON'S | 651



- Formula for senior nutrition
- High potency One-A-Day tablet
- Provides powerful combination of antioxidants, vitamins and minerals to enhance vitality

BENEFITS

- Helps to improve nutritional status and assist with nutritional requirements in older adults
- Helps to protect against free radical damage and boost the body's natural defense system in senior adults
- Provides antioxidant effect given the Vitamin A,C and E content
- Assists to promote normal muscle function
- Assists to support the healthy functioning of the nervous system
- Aids in maintaining or improving general wellbeing

SUITABLE FOR

- Senior adults who seek a supplement to improve daily dietary intake of important nutrients
- Senior adults who seek a supplement to support the healthy functioning of the nervous system
- Senior adults who suffer from or prone to poor muscle function
- Individuals who seek a daily supplement to support general health and wellbeing

DIRECTIONS FOR USE

Adults over 50 Years – Take one tablet daily (with food), or as professionally advised.

CAUTIONS AND INTERACTIONS

- Contains potassium chloride. If you have kidney disease or you are taking heart or blood pressure medicines consult your healthcare professional before use
- This product contains selenium which is toxic in high doses.
- A daily dose of 150mcg for adults of selenium from dietary supplements should not be exceeded
- Glucosamine is derived from seafood –not recommended for use in individuals with allergies to shellfish
- Use only as directed and always read the label
- Vitamin supplements should not replace a balanced diet
- If symptoms persist consult your healthcare professional

NO ADDED

Egg, gluten, nuts, sesame seed, artificial colouring and flavouring

PACK SIZES

- 651 - 60 Tablets

ACTIVE INGREDIENTS

Betacarotene	2 mg
Retinyl palmitate (vitamin A)	1250 IU
equiv. Retinol	375 RE/mcg
Thiamine hydrochloride (vitamin B1)	20 mg
Riboflavin (vitamin B2)	20 mg
Nicotinamide (vitamin B3)	30 mg
Calcium pantothenate	27.78 mg
equiv. Pantothenic acid (vit B5)	25 mg
Pyridoxine hydrochloride	30 mg
equiv. Pyridoxine (vitamin B6)	24.75
Cyanocobalamin (vitamin B12)	50 mcg
Choline bitartrate	30 mg
Inositol	20 mcg
Biotin	250 mcg
Folic acid	90 mcg
Ascorbic acid (vitamin C)	150 mg
Citrus bioflavonoids	5 mg
Cholecalciferol	10 mcg
equiv. Vitamin D3	400 IU
d-alpha Tocopherol acid succinate	82.6 mg
equiv. natural Vitamin E	100 IU
Calcium carbonate	124.9 mg
equiv. Calcium	50 mg
Chromium picolinate	403 mcg
equiv. Chromium	50 mcg
Ferrous fumarate	15.2 mg
equiv. Iron	5 mg
Magnesium oxide – heavy	94.5 mg
equiv. Magnesium	57 mg
Manganese amino acid chelate	7 mg

ACTIVE INGREDIENTS (Cont.)

equiv. Manganese	700 mcg
Potassium gluconate	19.17 mg
equiv. Potassium	3.2 mg
Selenomethionine	62.5 mcg
equiv. Selenium	25 mcg
Zinc amino acid chelate	37.5 mg
equiv. Zinc	7.5 mg
Fucus vesiculosus (kelp) extract equiv to herb	100 mg
equiv. Iodine	20 mcg
Glucosamine sulfate-potassium chloride complex	266.7 mg
equiv. Glucosamine sulfate	200 mg
equiv. Potassium chloride	65.6 mg
Lecithin	13.8 mg
equiv. Soy phosphatidylserine	2.76mg
Papain	10 mg
Store below 30°C in a dry place. Keep out of reach of children. Do not use if bottle and/or cap seal is missing or broken.	